

УКРАЇНСЬКА
ФЕДЕРАЦІЯ
ГІМНАСТИКИ



UKRAINIAN
GYMNASTICS
FEDERATION

вул. Еспланадна 42, 252023, Київ
тел. (044) 2204350; ф. (044) 2201294

42 Esplanadna Str., 252023 Kiev
tel. (044) 2204350; fax (044) 2201294

Subject:
9th Ukrainian Open Aerobic Gymnastics,
5-9 May, 2011

Dear friends,

The Ukrainian Gymnastics Federation together with Ukrainian Aerobic Gymnastics Federation will organize for the 9th time the Open Ukrainian Championship in Aerobic Gymnastics and 1st test competition in directions: hip-hop, break-dance and step. It will happen 5-9th of May 2010 in Illiechevsk/ Ovidiopol . This competition is open for national federations, foreign and national clubs.

The Open Ukrainian Championship by AG has the following categories:

Children:	up to 9 years (individuals, pairs, trios and groups)
	10-11 years (individuals, pairs, trios and groups)
Age Group 1:	12-14 years (individuals, pairs, trios and groups)
Age Group 2:	15-17 years (individuals, pairs, and trios and groups)
Seniors:	18 years and older (IM, IW, MP, TRIOS and GROUPS)

For kids and juniors will be used some additional rules:

For kids up to 9:

a) Duration of the routine 1.15"+/0.5

b) Difficulty elements: 0.1- 0.3

Total 6 elements. One from each group;

Compulsory: regular push up; tuck jump; split on the floor.
c) 1 lift in the routine (for (MP, TR, GR)
d) Intensity (frequency of movements according speed 135 BPM)

For kids 10-11:

The rules are according FIG directives for age 10-12
(see Code of Points 2009-2012, Appendix 5)

For kids 12-14 (Age Group 1):

The rules are according FIG directives for age 12-14
(see Code of Points 2009-2012, Appendix 5)

For juniors 15-17 (Age Group 2):

The rules are according FIG directives for age 15-17
(see Code of Points 2009-2012)

In the Open Ukrainian Championship, judging is according the complete Code of Points Aerobic Gymnastics 2009-2012.

1st test competition in directions: hip-hop, step and break dance.
Groups 5-10 members. Rules will be send till 1 December 2011.
Age – kids up to 11 years old
Juniors 12-15
Seniors 16+

General Program will be the following one:

Wensday 4th May - Arrival of the delegations evening

Thursday 5th - Arrival of the delegations morning
14.00 Orientation meeting

16.00 – 19.00 Judges briefing

17.00 – master class

Friday 6th - 10.00 – 15.00 Training for kids, juniors
and seniors on podium
(Schedule will be given in
Orientation meeting 5 May at 14.00)

15.00 – 16.00 Rehearsal of the closing ceremony (all competitors)

16.00-16.30 meeting of the Head of delegations and OC

16.30 – round table

16.30 – 18.00 Training for kids, juniors and seniors on podium

18.30 - master class

Saturday 7th

- 9.00 – 16.00 Training on the podium according starting order

16.00 – 16.30 Rehearsal of the opening ceremony (all competitors)

17.00 – culture programme in Odessa

Sunday 8th

-

10.30 Judges briefing

12.00 championship

20.30 party (disco)

Monday 9th

-

Departure of the delegations/ Culture programme by previous order

QUALIFICATIONS:

The maximum number for the Qualifying rounds is four (4) per category and nation. There will be no qualification if less than 8 starters (routines) in categories (IW, IM, MP, TR, GR).

Further information will be given with workplan after provisional registration

We invite from your country a delegation composed by:

- 1 coach;
- 1 head of delegation;
- 1 judges (min, 2 max) with current FIG /national brevet;
- free number of athletes (in any age group).

Number of delegations for 1st test Competition unlimited:

The Ukrainian Gymnastics Federation will organize transportation from/to Odessa airport (or railway station) to accommodation place as well as transport between hotels in Illiechevsk and Sport Palace in Ovidiopol (about 10 km). Every delegation will cover transport cost. The order must be done in 1 entry before 20 February.

Payment 23 EUR (per person) must be done with 2 entry before 5 March 2011.

The participating countries must pay as entry fee of EUR 20 for every senior or junior competitor and category in Aerobic Gymnastics as well as 1st test competition.

Entry fee must be paid before 5 March 2011.

Medals will be given to the three first placements in each of the categories for seniors, juniors and children as well as presents.

For staying in the Hotel*** (approximately EUR 35** per person per night in double room including breakfast).

Exact information regarding accommodation will be given after first entry 20 February 2011

Please, contact Yelena Levina. Phone +380 787 32 71,

E-mail levina@te.net.ua

Payment for the accommodation must be done before 5 April 2011.

If you need an official invitation to obtain a visa, please contact to Yelena Levina as well.

1st Provisional entry, February 20, 2011!!! (form enclosed)

2nd Definitive entry registration, March 5, 2011!!! (form enclosed)

3rd Nominative registration, April 5, 2011 form enclosed)

Very kind regards,
Igor Korobchinskiy,
President of the Ukrainian
Gymnastics Federation

Yelena Levina,
Director of Ukrainian Open,
President of the Ukrainian
Aerobic Gymnastics federation

9th UKRAINIAN OPEN
Illiehevsk/Ovidiopol, 5 – 9 May 2011

1 Provisional Entry

club:

contact:

tel:

mob:

E-MAIL:

participants by AG

Up to 9 years	
Individual Woman (IW)	
Individual Man (IM)	
Mixed pair (MP)	
Trio (TR)	
Group (GR)	
10-11	
Individual Woman (IW)	
Individual Man (IM)	
Mixed pair (MP)	
Trio (TR)	
Group (GR)	
AGE GROUP 1 (12 - 14)	
Individual Woman (IW)	
Individual Man (IM)	

Mixed pair (MP)	
Trio (TR)	
Group (GR)	
AGE GROUP 2 (15 - 17)	
Individual Woman (IW)	
Individual Man (IM)	
Mixed pair (MP)	
Trio (TR)	
Group (GR)	
Seniors (18 +)	
Individual Woman (IW)	
Individual Man (IM)	
Mixed pair (MP)	
Trio (TR)	
Group (GR)	
Total number of competitors	

Officials

	Function
	Head of delegation
	Coach
	Judge
	Additional
Total officials	

Total in delegation by AG _____

1st test competition

hip-hop

Up to 11 years	
1. Group	Number of competitors
2. Group	Number of competitors
3. Group	Number of competitors
4. Group	Number of competitors
5. Group	Number of competitors
12- 15 years	
1. Group	Number of competitors
2. Group	Number of competitors
3. Group	Number of competitors
4. Group	Number of competitors
5. Group	Number of competitors
from 16 +	
1. Group	Number of competitors
2. Group	Number of competitors

3 Group	Number of competitors
4. Group	Number of competitors
5. Group	Number of competitors

Break dance

Up to 11 years	
1. Group	Number of competitors
2. Group	Number of competitors
3. Group	Number of competitors
4. Group	Number of competitors
5. Group	Number of competitors
12- 15 years	
1. Group	Number of competitors
2. Group	Number of competitors
3. Group	Number of competitors
4. Group	Number of competitors
5. Group	Number of competitors
from 16 +	
1. Group	Number of competitors
2. Group	Number of competitors

3 Group	Number of competitors
4. Group	Number of competitors
5. Group	Number of competitors

step

Up to 11 years	
1. Group	Number of competitors
2. Group	Number of competitors
3. Group	Number of competitors
4. Group	Number of competitors
5. Group	Number of competitors
12- 15 years	
1. Group	Number of competitors
2. Group	Number of competitors
3. Group	Number of competitors
4. Group	Number of competitors
5. Group	Number of competitors
from 16 +	
1. Group	Number of competitors
2. Group	Number of competitors

3 Group	Number of competitors
4. Group	Number of competitors
5. Group	Number of competitors

Total in delegation _____

Need transfer 5-9 _____ number of places
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PARTICIPATION IN MASTER CLASSES

NUMBER OF PARTICIPANTS	05.05	06.05		
	10 EUR	10 EUR		
TOTAL				

**PLEASE, RETURN FORM TO OC
BEFORE FEBRUARY, 20TH, 2011:**

Ukrainian Aerobic Gymnastics Federation:

tel: + 38048-7873271,

Email: levina@te.net.ua

mob +38067-4849873 Levina Yelena

9th UKRAINIAN OPEN
Illiehevsk/Ovidiopol, 5 – 9 May 2011

2 Definitive Entry

club:

contact:

tel:

mob:

E-MAIL:

participants by AG

Up to 9 years	
Individual Woman (IW)	
Individual Man (IM)	
Mixed pair (MP)	
Trio (TR)	
Group (GR)	
10-11	
Individual Woman (IW)	
Individual Man (IM)	
Mixed pair (MP)	
Trio (TR)	
Group (GR)	
AGE GROUP 1 (12 - 14)	
Individual Woman (IW)	
Individual Man (IM)	

Mixed pair (MP)	
Trio (TR)	
Group (GR)	
AGE GROUP 2 (15 - 17)	
Individual Woman (IW)	
Individual Man (IM)	
Mixed pair (MP)	
Trio (TR)	
Group (GR)	
Seniors (18 +)	
Individual Woman (IW)	
Individual Man (IM)	
Mixed pair (MP)	
Trio (TR)	
Group (GR)	
Total number of competitors	

Officials

	Function
	Head of delegation
	Coach
	Judge
	Additional
Total officials	

Total in delegation by AG _____

Entry fee (summ) _____ was paid _____ (date)

1st test competition

hip-hop

Up to 11 years	
1. Group	Number of competitors
2. Group	Number of competitors
3. Group	Number of competitors
4. Group	Number of competitors
5. Group	Number of competitors
12- 15 years	
1. Group	Number of competitors
2. Group	Number of competitors
3. Group	Number of competitors
4. Group	Number of competitors
5. Group	Number of competitors
from 16 +	
1. Group	Number of competitors

2. Group	Number of competitors
3 Group	Number of competitors
4. Group	Number of competitors
5. Group	Number of competitors

Break dance

Up to 11 years	
1. Group	Number of competitors
2. Group	Number of competitors
3. Group	Number of competitors
4. Group	Number of competitors
5. Group	Number of competitors
12- 15 years	
1. Group	Number of competitors
2. Group	Number of competitors
3. Group	Number of competitors
4. Group	Number of competitors
5. Group	Number of competitors
from 16 +	
1. Group	Number of competitors

2. Group	Number of competitors
3 Group	Number of competitors
4. Group	Number of competitors
5. Group	Number of competitors

step

Up to 11 years	
1. Group	Number of competitors
2. Group	Number of competitors
3. Group	Number of competitors
4. Group	Number of competitors
5. Group	Number of competitors
12- 15 years	
1. Group	Number of competitors
2. Group	Number of competitors
3. Group	Number of competitors
4. Group	Number of competitors
5. Group	Number of competitors
from 16 +	
1. Group	Number of competitors

2. Group	Number of competitors
3 Group	Number of competitors
4. Group	Number of competitors
5. Group	Number of competitors

Officials

	Function
	Head of delegation
	Coach
	Judge
	Additional
Total officials	

Total in delegation _____

Entry fee (summ) _____ was paid _____ (date)

transfer paid 5-9 (summ and date) _____

PARTICIPATION IN MASTER CLASSES

NUMBER OF PARTICIPANTS	05.05	06.05		
	10 EUR	10 EUR		
PAID (SUMM AND DATE)				

PLEASE, RETURN FORM TO OC

BEFORE MARCH, 5TH, 2011:

Ukrainian Aerobic Gymnastics Federation:

tel: + 38048-7873271,

Email: levina@te.net.ua

mob +38067-4849873 Levina Yelena

**THIS ENTRY IS VALID ONLY WITH PAYMENT FOR
ENTRY FEE, TRANSFER AND/OR MASTER CLASSES**

**ENTRY FEE WILL NOT BE RETURNED IN CASE OF
CANCELLATION OF PARTICIPATION AFTER 5TH MARCH.
CANCELLATION OF TRANSFER OR/AND MASTERCLASSES
IS 50% FROM SUMM OF PAYMENT.**

**IN CASE OF LATE ENTRY FEE (AFTER 5TH MARCH),
PARTICIPATION IS POSSIBLE WITH DOUBLE PAYMENT
FOR ENTRY FEE, TRANSFER AND/OR MASTER CLASSES**

Seal of club or Federation

9th UKRAINIAN OPEN
Illiehevsk/Ovidiopol, 5 – 9 May 2011

Nominative Entry

club:
contact:
tel:

mob:

E-MAIL:

participants by AG

Officials

Surname	Name	Function
		Head of delegation
		Coach
		Coach
		Judge
		Judge
		Additional

Total Officials: _____

Total competitors: _____

Total number in delegation: _____

PLEASE, RETURN FORM TO OC

BEFORE APRIL, 5TH, 2011:

Ukrainian Aerobic Gymnastics Federation:

tel: + 38048-7873271,

Email: levina@te.net.ua

mob +38067-4849873 Levina Yelena

up to 9 years

Category	surname	Name	Date of birth	coach
IW	1.			
	2.			
	3.			
	4.			
IM	1.			
	2.			
	3.			
	4.			
MP	1.			
	2.			
	3.			
	4.			
TRIO	1.			
	2.			
	3.			
	4.			
GROUP	1.			
	2.			
	3.			
	4.			

10-11

Category	surname	Name	Date of birth	coach
IW	1.			
	2.			
	3.			
	4.			
IM	1.			
	2.			
	3.			
	4.			
MP	1.			
	2.			
	3.			
	4.			
TRIO	1.			
	2.			
	3.			
	4.			
GROUP	1.			
	2.			
	3.			
	4.			

12-14

Category	surname	Name	Date of birth	coach
IW	1.			
	2.			
	3.			
	4.			
IM	1.			
	2.			
	3.			
	4.			
MP	1.			
	2.			
	3.			
	4.			
TRIO	1.			
	2.			
	3.			
	4.			
GROUP	1.			
	2.			
	3.			

	4.			

15-17

Category	surname	Name	Date of birth	coach
IW	1.			
	2.			
	3.			
	4.			
IM	1.			
	2.			
	3.			
	4.			
MP	1.			
	2.			
	3.			
	4.			
TRIO	1.			
	2.			
	3.			
	4.			
GROUP	1.			
	2.			
	3.			

	4.			

18 +

Category	surname	Name	Date of birth	coach
IW	1.			
	2.			
	3.			
	4.			
IM	1.			
	2.			
	3.			
	4.			
MP	1.			
	2.			
	3.			
	4.			
TRIO	1.			
		2.		
	3.			
	4.			
GROUP	1.			
	2.			

	3.			
	4.			

1st test competition

Officials

Surname	Name	Function
		Head of delegation
		Coach
		Coach
		Judge
		Judge
		Additional

Total Officials: _____

Total competitors: _____

Total number in delegation: _____
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hip-hop

Up to 11 years	
1. Group	

2. Group	
3. Group	
4. Group	
5. Group	
12- 15 years	
1. Group	
2. Group	
3. Group	
4. Group	
5. Group	
from 16 +	
1. Group	
2. Group	
3 Group	
4. Group	
5. Group	

Break dance

Up to 11 years	
1. Group	

2. Group	
3. Group	
4. Group	
5. Group	
12- 15 years	
1. Group	
2. Group	
3. Group	
4. Group	
5. Group	
from 16 +	
1. Group	
2. Group	
3 Group	
4. Group	
5. Group	

step

Up to 11 years	
1. Group	

2. Group	
3. Group	
4. Group	
5. Group	
12- 15 years	
1. Group	
2. Group	
3. Group	
4. Group	
5. Group	
from 16 +	
1. Group	
2. Group	
3 Group	
4. Group	
5. Group	

Seal of club or federation

Signature